



Edmunds Middle School Newsletter

October 21, 2016

Notes from the Principal

SBAC RESULTS ARE IN AND WILL BE MAILED HOME WITH 1ST QUARTER REPORT CARDS.

EMS students will be able to take iPads home beginning the week of November 7, 2016. Look for permission slips and paperwork to be mailed home with report cards.

EMS 6th Grade iPad Information Night

- Where: EMS Library & Lobby
- When: Thursday, November 10, 2016
 - 6:00-7:30 p.m.
- What: iPad Take Home
 - iPad Take Home Information
 - Complete necessary paperwork
 - **\$25 non-refundable deposit**
 - CANVAS information

Join us in learning more about the iPads in the classroom and expectations for take home use. This night is geared toward 6th grade parents and anyone new to EMS. In order for students to take home their iPads, parents **MUST** come in on roll out night.

Parent Conferences are November 21 & 22, 2016. We will be using an online scheduling program. Details to follow.

Bonnie Johnson-Aten

Notes from the Assistant Principal

Safety Drills

As a state, there is an expectation that we practice monthly safety drills. These include fire drills, lockdown practices, and evacuation drills. This year we have already practiced all three of these drills. Our evacuation drill took place on Tuesday, October 11th. Our evacuation site is the gym at Champlain College. We practiced this drill with the elementary school students. All faculty and students were accounted for at Champlain College in just 17 minutes.



Halloween Dance

Our Halloween Dance is Friday, October 28th, from 6:00-8:00 p.m. The cost is \$4.00. Costumes are encouraged; however, masks are not allowed. If your child is attending, please go over these expectations for our dance:

- Please keep all food and drinks out of the cafeteria
- Students must walk
- Students must arrive and leave on time
- All EMS rules apply
- If you are absent the day of the dance, you must have administrative approval to attend.

We look forward to seeing your child at the dance!

Katherine Grykien



News

Volunteers for the Fall 2016 Book Fair Needed!

Please contact EMS librarian Carole Renca, crenca@bsdvt.org or call her at 802-864-8487 if you have time to volunteer for the book fair during the week of November 7th.

Honors and Awards



EMS CAT CREW MEETS WITH HEAD OF VERIZON ED TO SHARE THEIR IDEAS.



EMS was honored with the **COTS' 2016 Youth Hero Award**. The award is given to highlight the ongoing support of COTS by our faculty and students. Specifically, Eric Schoembs' class designed and created a puppet theatre for the children's play space at COTS. Also, Daryl Kuhn, Rich Boyers, Jim Van Duyn, Pat Chiraseveenuprapund and their homerooms were honored for their efforts during our Day of Service in May, 2016. Our goal of having students participate in service learning opportunities has nothing to do with public recognition; however, it is appreciated when our efforts are noted. Our ultimate goal is summed up in the statement, "We want to thank you for raising awareness among your student body regarding the issue of family homelessness".

Hello from the Health Office!

Let's talk about dressing for the weather!



As the fall weather changes the leaves, we also feel the brisk cold creeping in. Please remind your children to dress for the weather. Although wives' tales tell us that if you don't have a coat on outside in bad weather you'll get sick, we know that colds and other sickness actually come from germs that invade our body, not the weather. However, not wearing a coat does pose a risk to your overall health when you do not have enough clothes on to keep your body from literally freezing. When our body temperatures remain at an abnormally low temperature we enter hypothermia, which poses a risk to our autonomic nervous systems or ANS. The ANS is responsible for our breathing rhythm and our heartbeat rhythm among other things, and if we get too cold our heart rate slows down, which depletes our body of oxygen that our hearts pump to the rest of our body. So dressing for the weather is literally VITAL to your health! **If you know of any student who might not have a winter jacket, please call my office. I'd be happy to help any students in need of winter clothing find what they need to stay warm in the winter weather before the snow flies!**

Becca McCray

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A Message from Guidance



Attendance: Attending school helps your child get the most out of learning. Encourage your child to be present to hear the lessons, participate in group projects and class discussions, and ask questions. Please schedule doctor and dentist appointments before or after school whenever possible. If this is not possible, try to arrange appointments during lunchtime.

Rest: It is easier for your child to get up on time for school if he/she has had nine hours of sleep. Set a reasonable bedtime, and make sure electronics are put away for the night at least one hour before bedtime.

Did you know? Research shows that most tweens would like to talk more with their parents about school work.

